



PHYSIOMED ELEKTROMEDIZIN AG

●●● PHYSIOMED® | **proxomed**® | ERGOFIT

**SOLUTIONS FOR  
PHYSICAL THERAPY,  
STRENGTH AND  
FUNCTIONAL TRAINING**

**Physical Therapy  
Strength Training  
Functional Training  
Software**

**INDIVIDUAL  
SOLUTIONS  
2024**

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COLOUR-CODE:





## We are the PHYSIOMED GROUP!

The PHYSIOMED GROUP thus brings together what belongs together in the therapeutic path of patient treatment in the areas of rehabilitation, sport and aesthetic medicine. By combining our resources, expertise and experience, we offer an expanded product portfolio that enables us to respond even more specifically to the needs of our customers and their customers. As a full-service provider of physical therapy and training therapy solutions, our products, software solutions and efficient billing concepts cover almost all areas of the healthcare market.

The goal of the PHYSIOMED GROUP in the changing healthcare system of the future is to accompany even more people on their path to health with maximum therapeutic success, thereby enabling them to enjoy a better quality of life. In addition to our core market in Germany, we are represented globally with our brands proxomed, PHYSIOMED and ERGOFIT with products and services for the benefit of a healthy society.

We are an EN ISO 13485 certified, leading medical technology company with TÜV-certified safety and quality standards: our products fulfil the requirements of the European Medical Device Directive (MDR) and bear the CE mark.

The satisfaction and success of our customers are important to us. Our competent network of medical device consultants, service technicians, training staff and local partners worldwide ensures that individual customer and market requirements are identified and fulfilled. We will continue our long-standing commitment to quality and reliability.

Marcus Melching, Chairman of the Board  
PHYSIOMED ELEKTROMEDIZIN AG

# PHYSIOMED ELEKTROMEDIZIN AG

## PHYSIOMED

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## Innovative test and training equipment

With our hardware, one thing takes top priority: the optimum functionality.

„Made in Germany“ is still going strong – and high quality materials and fabrication, ease of use and maximum safety levels mean that the test and training devices offered by the PHYSIOMED ELEKTROMEDIZIN AG are the most reliable working devices in the fields of therapy, rehabilitation and fitness. The wide range of training devices available can be networked and offer optimum use with RFID.

## You're on the safe side with PHYSIOMED

The PHYSIOMED ELEKTROMEDIZIN AG maintains a medical device quality management system in accordance with DIN EN ISO 13485. Our training machines comply with the requirements of the European Medical Device Regulation (MDR) and carry the CE mark. Quality and safety are monitored by TÜV SÜD Product Service GmbH. Trained sports scientists provide you with support in the sales, training and implementation of our programs.



# Global Extension

Hospitals, clinics, rehabilitation centers and private physiotherapy practices and also medical doctors provide different medical products to improve health condition after surgery or as a conservative approach of treatment. The main goal is to enhance the motoric skills of a patient.

The focus is the improvement of strength, endurance, coordination, velocity and flexibility. Specially planned and focused activities stimulate joints, muscles, tendons, ligaments and nerves. Also the motoric cortex gets a stimulus main part in the active exercise treatment.

For the patient who is doing rehabilitation, it is important that devices can be adjusted properly, progressed slowly and controlled in speed, range of motion and coordination. Due to improved capacity of the neuromuscular and cardiovascular system joints, muscles and cardiopulmonal system are very much relieved.

To manage and document the progress of the treatment, tests on devices are needed to lead to an individual treatment program, which is the focus of PHYSIOMED ELEKTRO-MEDIZIN AG developed products. The variation of the machines to adapt to the needs of a patient makes the difference of medical devices.

- Albania
- Algeria
- United Arab Emirates
- Argentina
- Australia
- Austria
- Azerbaijan
- Bahrain
- Belarus
- Belgium
- Bolivien
- Bosnia and Herzegovina
- Brasil
- British Virgin Islands
- Bulgaria
- Canada
- Canary Island
- Chile
- China
- Colombia
- Costa Rica
- Croatia
- Cuba
- Cyprus
- Czech Republic
- Denmark
- Dominican Republic
- Ecuador
- Egypt
- El Salvador
- Estonia
- Finland
- France
- Georgia
- Germany
- Greece
- Guatemala
- Haiti
- Honduras
- Hong Kong
- Hungary
- India
- Indonesia
- Iran
- Iraq
- Israel
- Italy
- Japan
- Jordan





- Kazakhstan
- Kenya
- Korea
- Kuwait
- Latvia
- Lithuania
- Luxembourg
- Macao
- Malaysia
- Malta
- Morocco
- Mexico
- Mongolia
- Netherlands
- New Zealand
- Nigeria
- Norway
- Oman
- Pakistan
- Palestine
- Panama
- Peru
- Philippines
- Poland
- Portugal
- Qatar
- Romania
- Russia
- Saudi Arabia
- Serbia
- Singapore
- Slovakia
- Slovenia
- South Africa
- Spain
- Sweden
- Switzerland
- Syria
- Taiwan
- Thailand
- Tunesia
- Turkey
- Turkmenistan
- Ukraine
- United Kingdom
- United States
- Uzbekistan
- Vietnam



 **PHYSIOMED®**

# PHYSICAL THERAPY





**DEEP OSCILLATION Evident AESTHETICS**



**DEEP OSCILLATION Evident SPORTS**



**DEEP OSCILLATION Evident CLINICS**

## DEEP OSCILLATION /Evident

DEEP OSCILLATION is a unique internationally patented, non-invasive and non-traumatic non-traumatic therapy method. Through the use of attraction and friction, electrostatic impulses the treated tissue into pleasant vibrations with vibrations with a deep biological effect. These vibrations, in contrast to other forms of therapy, these vibrations have an extremely gentle and deep tissue components (skin, conductive tissue, subcutaneous fatty tissue, muscles tissue, subcutaneous fatty tissue, muscles, blood and lymph vessels).

For therapy, the patient holds a titanium contact element loosely between the fingers. Under the special gloves therapist's special gloves or a hand applicator with a special special structure (second contact), which is moved in circles over the over the tissue, the pleasant therapeutic effect of the pleasant therapeutic effect of deep oscillation.

The extremely gentle mode of action and the resulting early applicability and specific clinical effects make deep oscillation specific clinical effects make deep oscillation a unique therapy option, which is increasingly being used in in medical specialities that are rather atypical for specialist areas that are not typical of conventional physical therapies.

*Scan for more information!*



# DEEP OSCILLATION /Personal



**DEEP OSCILLATION Personal Basic**



**DEEP OSCILLATION Personal Home**



**DEEP OSCILLATION Personal Pro**

*Scan for more information!*





**vocaSTIM-Master**

## **vocaSTIM**

**Developed for neuro-rehabilitation, ENT doctors and speech therapy**

vocaSTIM is suitable both for diagnosis and for therapy and follow-up of laryngeal paresis. In addition, vocaSTIM can also be used successfully for the alleviation of paresis-related swallowing and voice disorders.

The vocaSTIM therapy uses electrical pulses based on natural stimulation patterns to assist the neuro-muscular unit responsible for swallowing and for voice formation.

**Protection of the musculature in the event of parasitic images from damaged nerves**

Paresis-related inactivity of the musculature can lead to an irreversible degeneration of the musculature. Regular application of vocaSTIM therapy prevents this muscular degeneration. It is precisely at the damaged nerves that a start can then be made on the phoniatric exercises, because the patient can only perform the vocal exercises via the electric innervation of the larynx musculature.

*Scan for more information!*



# VACUUM APPLICATION

Vacuum application devices make it possible for you to apply stimulation current via vacuum electrodes. These suck from the tissue of the patient with the help of a smooth vacuum and allow for a fast and safe application without belts, plates or single use electrodes. Through this action and with it the associated blood flow stimulation, improved conduction qualities for the current are given. With smooth adjustments, pulsing waves of suction allow the therapy to stimulate even more.

Vacuum electrodes of a high quality, due to their soft contours, adapt ideally to the corresponding body contours.

With a special plunger suitable for vacuum application device the manual suction wave massage can also be implemented.



**PHYSIOVAC-Evident**



**PHYSIOVAC-Expert (3rd edition)**

*Scan for more information!*





**LASS-Expert**

## LASER THERAPY

The therapeutic laser shower LASS-Expert is used for application on larger surfaces (e. g., in trauma, arthropathy, hypertonia of large muscles and dermatology).

It works with 21 laser diodes (2.100 mW Power output max.) and offers continuous output, alpha, Nogier, Bahr, Reiningger and multifrequency or freely selectable frequencies (software extension optionally available).

The infrared diode laser with a wavelength of 808 nm provides the best values of penetration depth and biostimulation efficiency according to latest scientific conclusions.

*Scan for more  
information!*



# COMBINATION THERAPY

## The ultrasound transducers

The ergonomic ultrasound transducers offer maximum safety and reliability in terms of power output. They combine 1 and 3 MHz ultrasound in an extremely durable and biocompatible titanium transducer, thereby excluding metallurgical deposits and are also suitable for subaqueous treatment.



**IONOSON-Expert (3rd edition)**

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information!*





**PHYSIOTHERM-M**

## MICROWAVE THERAPY

The modern PHYSIOTHERM-M microwave therapy unit enables continuous and pulsed energy output for thermal and athermal applications and features automatic output limitation. The extremely well-shielded, high-frequency connection cable provides troublefree operation. The smooth running castors with latches ensure good mobility and secure positioning of the PHYSIOTHERM-M. The easily adjustable supporting arms ensure quick and exact emitter placement. The high-quality and precisely manufactured connectors make it easy to change the emitter.

*Scan for more  
information!*



# MAGNETOTHERAPY

MAG-Expert provides magnetic field treatment with a fieldstrength of 1–100 Gauss (adjustable in steps of one Gauss) and a frequency range from 1–100 Hz, with two completely independent channels and treatment timer. Cylinders of 30 and 60 cm diameter as well as high performance applicators are available to maximise the efficiency of treatment.

MFC technology focuses the magnetic fields almost entirely on the inside of the cylinder. This avoids unnecessary exposure of the treatment team.



**MAG-Expert with coil (Ø 30 cm)**



**MAG-Expert with coil (Ø 60 cm)**



**MAG-Expert with set of applicators**

*Scan for more information!*





# ELECTROTHERAPY

Electrotherapy is an important element of physical therapy. Current stimulation will treat the tissue via electrodes (plate electrodes, vacuum electrodes, adhesive electrodes) on the selected areas. Depending on the current mode and the selection of parameters (e.g. impulse form, impulse duration, pause time, frequency, intensity) the stimulation current can have significant effects in the following areas of treatment:

- Musculoskeletal pain
- Venous insufficiency/ulcers
- Pressure ulcers
- Muscle strengthening
- Iontophoresis



**PHYSIODYN-Expert (3rd edition)**

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information!*



# CRYOTHERAPY

The compact FRIGOSTREAM cryotherapy unit offers optimised performance in a minimum of space and is available in five different versions. It generates cold air with an adjustable current of air of up to 1500 l/min and thus enables targeted cooling of body areas with the recognised advantages over CO<sup>2</sup> and ice packs. If used correctly the risk of cold damage is excluded.

FRIGOSTREAM operates with an energy source that costs nothing – air – and is therefore always ready for use and has no resource replenishing problems. Like an air conditioning system, the ambient air is cooled down and blown onto the skin through a treatment tube without direct contact at temperatures of up to -60 °C (see technical data in catalogue at downloads below). Various tubes and nozzles permit easy targeted treatment.

The de-icing function, which requires no water emptying on the user's part (with the exception of C200/C600), is particularly user-friendly. The FRIGOSTREAM line refrigerant loop is a closed system and requires no maintenance whatsoever.



**FRIGOSTREAM**



**FRIGOSTREAM-Expert**

*Scan for more information!*





**MAGCELL ARTHRO**



**MAGCELL MICROCIRC**

## ELECTRODE-FREE ELECTROTHERAPY

**MAGCELL ARTHRO** significantly improves general symptoms (WOMAC total score) and individual scores for pain, stiffness and daily activity in osteoarthritis (ARC criteria II and III). The therapy can be applied several times daily as a complementary treatment without side effects and may thus help to reduce intake of pain medication.

**MAGCELL MICROCIRC** can positively influence symptoms of neurotoxicities like sensory ataxia, neuropathy and neuropathic pain symptoms (especially CIPN I-IV) on hands and feet as a result of chemotherapy. Moreover a significant increase in nerve conductivity speed (ulnar nerve) was achieved by the treatment.

*Scan for more  
information!*



# SHOCKWAVE THERAPY

The high-energy PHYSIOIMPACT-Expert enables a targeted, gentle and effective extracorporeal shockwave therapy. In addition to access via indication- and trigger-point index or the patient database, all parameters can also be individually selected.

The intelligent coupling of shockwave intensity and treatment frequency in the alternating or stepped treatment is outstanding. A constantly controlled change of intensity and frequency takes place during a treatment cycle, making treatment possible that is gentle on the cells. The self-healing powers of the body can be stimulated immediately during the treatment, which could be shown by the toleration of higher energies.

The ergonomic handpiece with overlaid material properties can be deployed with four different-sized applicator attachments, which are specially tuned to the different indications.



**PHYSIOIMPACT-Expert**

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**STRENGTH  
TRAINING**



**CON-TREX TP 500**



**CON-TREX MJ**

## CON-TREX

**CON-TREX TP** is a special isokinetic back module, ideal for the testing and training of straight trunk musculature with its flexor and extensor muscles. It is connected to the CON-TREX MJ system, the measuring range of version TP 500 being designed for rehabilitation and leisure.

The many customisation options, easy positioning and numerous different load types of CON-TREX human kinetics software make possible various testing and therapeutic applications of the trunk.

Together with the various load modes operated by the PM control module, the freely definable scope of motion in the range between  $-15^\circ$  and  $+105^\circ$  enables the therapeutic handling of numerous problems related to longitudinally-running trunk musculature.

With the control module PM and a wide range of adapters which are needed for the scheduled tasks, the **CON-TREX MJ** isokinetic multijoint module is a versatile, rotatory testing, training and therapeutic system to test and train all major joints of the upper and lower limbs in the open kinetic chain. The highly flexible mechanism with excellent operator guidance makes objective and reproducible test results possible in every work mode. The mechanical design of the CON-TREX® MJ is extremely user-friendly: the position of the seat, the seat length, and the inclination of the backrest can be electronically adjusted at the touch of a button. The upholstered seat and backrest offer a maximum of comfortable seating even during long training sessions and are easy to clean.



*Scan for more information!*

# CON-TREX

The isokinetic **CON-TREX WS** was developed to imitate motions of working environments, sports and everyday domestic life. In order to be able to follow the unique and often extremely complex patterns of movement, the height of the dynamometer can be electronically adjusted from down close to the ground to up over the patient's head. For realistic simulation of unusual movements the CON-TREX WS can be rotated and swivelled. The possibility of reproducible assessment of work capacity is thus provided. Various movements from the everyday life of a craftsman (such as screwing, lifting objects, butting levers or sawing) can be simulated and trained. In addition to preparing for difficult working conditions (such as working overhead), CON-TREX WS can be used to compose a specific and highly effective muscular workout. In practice, a minimum working area of only 2 x 2 meters is sufficient.



**CON-TREX WS**

*Scan for more information!*







# tergumed 710

Spinal diagnostic and training machines for the effective treatment of back pain.

## Your advantages

- Evidence-based back training
- Real time monitoring of all devices on central station
- High resolution color touchscreen
- RFID system
- Optimized biomechanics
- Ultrasonic sensors for automatic weight detection
- Automatic seat height adjustment
- Excellent stabilization and positioning
- Integrated isometric, sub-maximum strength and range of motion test
- Test result comparison to the integrated reference database
- Integrated isometric, and dynamic strength training
- Visual feedback strength training with various curves
- Automatically progressing training plan with software support
- Tested safety in accordance with the European Medical Device Regulation (MDR)

» Software see pages 47/48

*Scan for more information!*



**Cervical Trainer**



**Rotation**

## tergumed 710



**Extension**



**Flexion**



**Lateral Flexion**

### **Efficient and varied back pain therapy**

tergumed 710 offers a holistic back concept for preventive and rehabilitative treatment. Using the feedback training, the quality the patient achieves in the exercises is made clear. This increases motivation and interest in continuing specialist mobility treatment offers. This can turn contented patients into health-conscious customers who use professionally supported mobility offers as self-payers.

The entire biomechanics of the tergumed 710 devices are specially designed to meet the needs of back patients. Positioning, fixation options and adjustments are designed in such a way that the use of the devices is possible and useful in the early phases of post-treatment. The tergumed line is equipped with measuring sensors, a smart assist system and the proxoforce software. Static and dynamic test procedures can be carried out via the software. The software can be used as feedback during training.

Both the test results and the data of each individual training session are stored in the patient's database. Thus, the proxoforce software enables complete documentation and progress monitoring of the measure during therapy. Treatment progress is made transparent to the patient, doctor and cost bearer as well as the therapist as part of quality assurance.

# compass 600

Our compass 600 machine series gives you ten combination units in an innovative, contemporary design. The compass units are particularly special thanks to their perfect biomechanics and sensor technology for positioning.

## Your advantages

- Real time monitoring of all devices on central station
- High resolution color touchscreen
- RFID system
- Optimized biomechanics
- Ultrasonic sensors for automatic weight detection
- Space-saving double or multi-function devices
- Optional integrated isometric and sub-maximum strength test
- Visual feedback strength training with various curves
- Automatically progressing training plan through RPE
- Position and pulse sensor (option)
- Laser pointer for optimal positioning (option)
- Fine weight gradations of 1 or 2 kg (option)
- Tested safety in accordance with the European Medical Device Regulation (MDR)

» Software see pages 47/48

*Scan for more information!*



## Highlights



Various curves for feedback-training



Stepless adjustment of the seat depth via pneumatic spring



Ultrasonic sensors for automatic weight detection

## compass 600 Lower Extremities



**Leg Press**



**Ab-/Adduction**



**Leg Extension/Curl**

The compass series of devices has been an established label in the field of high-quality training therapy for over 20 years. These training/therapeutic devices are used across the world, helping therapists work on and with their patients.

The compass 600 range of devices was conceived for use in rehabilitation and specially for people with physical impairments. These space-efficient combination devices can be put together to form a medical training circuit even in small rooms.

So that older patients can also work well with the equipment, the compass 600 devices can be optionally fitted with an additional weight, meaning weight increases of 1 to 2kg are possible. Minimal need for adjustment optimises the process of using the devices and saves time for more patients. The start position can usually be set from the training position. isometric strength measurement can be compared with the maximum strength measurement. The devices are designed for people from 140 to 210cm in height. 200kg user weight enables training even for heavy patients.

# compass 600 Trunk



Trunk Extension/Flexion



tergumed 600 Trunk Rotation



tergumed 600 Lateral Flexion



*Scan for more information!*



**Chest Press/Rowing**



**Butterfly/Butterfly Reverse**



**Pulldown/Dip**



**Shoulder Press/Vertical Rowing**

# compass 540

With compass 540, we offer you a comprehensive program of biomechanically designed strength training devices.

## Your advantages

- Various devices for resistance training of the upper, lower limbs and the trunk
- Optimal biomechanics
- Multi-function devices
- User-friendly and customizable details
- Tested safety in accordance with the European Medical Device Regulation (MDR)

» Software see pages 47/48

*Scan for more information!*



Optionally: smart assist



Leg Press



## compass 540 Lower Extremities



**Multi Hip**



**Hip Extension**



**Ab-/Adduction**



**Leg Extension/Curl**

### Functional medical strength training Proven quality - rethought

The compass series of devices has been an established label in the field of high-quality training therapy for over 20 years. These training/therapeutic devices are used across the world, helping therapists work on and with their patients.

- Price-performance: Excellent
- Multipurpose: Use for prevention, rehabilitation, geriatrics, professional sports
- Time- and space-saving: Additional combination units
- Customer-friendly: Large selection of equipment
- Made in Germany: Quality and equipment
- Individualisable: Adaptation to the patient for effective training
- Networkable: Optional integration into the training control system

# compass 540 Trunk



Trunk Extension/Flexion



Trunk Rotation



Lateral Flexion

Scan for more information!





**Chest Press/Rowing**



**Butterfly/Butterfly Reverse**



**Pulldown/Dip**

## VECTOR Upper Extremities

Modern, simple, solid, precise and stylish: with the new Vector series, we are setting a milestone in our company history and are at your facility's side with the latest know-how in rehabilitation and fitness in the strength equipment sector. Significantly improved performance in a modern look, features such as the completely covered weight block, anodised handles, indirect LED lighting or the simple link to our VITALITY CARE training software make Vector the first choice for an effective and pleasant work-out.

- **Modern:** optional LED lighting as an aesthetic accent - freely selectable in blue, green, red and white
- **Simple:** uniform settings on all machines
- **Solid:** high-quality detail solutions
- **Precise:** fine weight graduations in 2.5 kg steps
- **Stylish:** colour-contrasting seams on the pads

» Software see pages 50/51



Scan for more information!



Butterfly Revers



Shoulder Abduction



Shoulder Press



Butterfly

**VECTOR** Upper Extremities



Chest Press



Biceps Flexion



Pull Up/Dip



Seated Dip



*Scan for more information!*

# VECTOR Upper Extremities



**Triceps Extension**



**Lat Pull**



**Back Pull**

*Scan for more information!*



## VECTOR Trunk



**Abdominal Torsion**



**Abdominal Flexion**



**Back Extension**

# VECTOR Lower Extremities



**Abductor**



**Adductor**



**Hip Extension**



**Leg Extension**



*Scan for more information!*



## VECTOR Lower Extremities



Leg Flexion



Squat Press



**proxomed<sup>®</sup>**

ERGOFIT

**FUNCTIONAL  
TRAINING**

## VECTOR Benches



**Abdominal Bench**



**Multi Bench**



**Flat Bench**



**Olympic Flat Bench**

*Scan for more  
information!*



## compass MTT

compass MTT devices allow individually tailored resistance training from an early rehabilitation phase to healthy and even sportive functional training sessions.

- Overall concept that has economical solutions for all practice sizes.
- High-quality processing
- Therapeutically sensible and economical
- Wide selection of colors available
- Various accessories



**compass MTT S1 MED explosive**



**compass MTT S3 MED vertical**



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**proxomed<sup>®</sup>**

**ERGOFIT**

**SOFTWARE**

# proxoforce

## Trendsetting Diagnostic and Training controlling Software for Exercise Therapy

The proxoforce training planning and control software supports therapists/trainers and patients through the entire course of treatment in the acute, development and retention phases and in various specialist fields, such as orthopaedics, traumatology, neurology and secondary prevention.

The software supports doctors, physiotherapists, sports therapists and trainers in the planning and execution of strength tests and training programmes in auxotonic and isometric working conditions, as part of medical training therapy.



Software  
for  
**proxomed®**  
products



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# proxoforce

## Features

- Training planning via Profile, Free and Template based
- Interface HL7, THEORG as well as Import/Export
- Profile consists of: ICD-Code, training condition, training goals for strength and endurance, focus on body region and proportion of endurance in the automatic training plan
- Integration of ICD-Codes for documentation and plan creation
- Pyramid training for strength
- Interval training for endurance
- Implemented IPN-Test, WHO max, 6MWT and Steep Ramp
- Extension of the Free Exercises with the FE-Editor
- Multi-Tenancy



**Infopoint**  
Patient and Client Terminal



**Workoutpoint**  
Presenting Functional Activities





# smart assist

## User-friendly Touchscreen with Various Feedback Curves

The smart assist system is the most important part for tergumed 710, compass 600 and an option for compass 540 line. It can be connected with the patented ultrasonic measuring sensors, as well as force, position and pulse sensors. Through integrated RFID system smart assist can activate the training and implement the visual feedback training in the right position, which is an individual training. For that reason the system is a secure system for patient and client.

### Your advantages

- Intuitive operator guidance via an 8" touchscreen monitor
- RFID reader
- Medical LAN Isolator
- Ultrasonic sensors for automatic weight detection
- Sub-max. strength test and ROM test
- Isometric test\*
- Visual feedback strength training with various curves
- Connection to position sensor for precise positioning
- Connection to pulse sensor for pulse monitoring in real time
- Quick start and Power training program for training without card
- Multi languages



Highlights



Integrated various testing



Isometric strength testing with curve



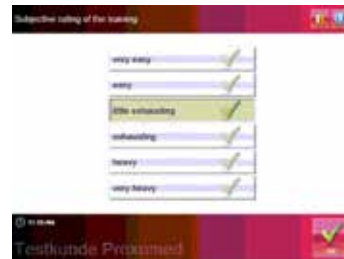
Various curves for feedback-training



Weight detection with Ultrasonic sensor



Positioning with position sensor



Subjective rating of training



Scan for more information!

# Vitality Care

## The digitisation of your training space

Digitisation in training means more possibilities for you: intensive customer focus, the documentation of individual progress, visual exercise demonstrations, personal feedback – from anywhere and at any time. Our Vitality Care enables you to have comprehensive integration of your entire training space and manage all customer information with just one click.

## More time to provide your patients and members with individual support

Manage and direct the success of your patients' and customers' training. With the aid of the modules, you create a customised training plan that fits all customer needs in just a few clicks. Thanks to the training analysis, you can observe your customers' individual progress and provide long-term support. Supplement the training as needed with free weight/bodyweight exercises for overall success.

## Simple and time-saving training for your members

Using our training wristbands and RFID technology, your members can log in at the start of training simply and intuitively. The personal training data and settings can be stored for each target group according to the therapist's or trainer's instructions and are automatically saved. The high-quality touch screens ensure optimal visualisation as training support with real-time feedback.

Software  
for  
**ERGOFIT**  
products



## VITALITY ANAMNESIS

Professional master data portal on medicine-relevant training history:

- Anamnesis tool for automated classification according to WHO Diseases (ICDWHO)
- Commenting feature for relevant training information in patients
- Optimal detection of diseases as part of the current medical training therapy

## VITALITY STATISTICS

Complete training documentations with analyses and statistics:

- Utilisation of the facility and training areas
- Utilisation of equipment
- Individual user statistics
- Personalised training data for members and patients

## VITALITY TRAINING

Personalised and individual training planning:

- Unlimited possibilities of individual training planning of patients and members
- Function of automated training template for time-efficient training planning
- Simple drag and drop system for device and workout selection
- Exercise extension with creating free exercises

## VITALITY MARKETING

Targeted ads on your training displays as an optimal advertising material:

- Customised advertisements for different target groups
- Modern practice presentation (courses, in-house events, new concepts)
- Tailored patients and member information (Do good and talk about it!)
- Varied entertainment (news, product information ...)

# Vitality Care

## Your benefits

- Comprehensive training monitoring with the Vitality Care enables efficient and health-oriented fitness training.
- Your employees have their workload reduced and have sufficient time for providing direct support to your clients.
- Your members are guided personally in all training phases.
- Your employees and trainees receive a detailed training evaluation, including success concept and comprehensible feedback.
- Satisfied clients will remain faithful to your institution and will gladly recommend it to others.
- You can manage more trainees individually in a shorter time.

## Benefits for your clients

- Quick and easy operability facilitates training especially for beginners and older trainees.
- Exercise execution errors will be avoided as well as wrong device settings.
- Visual representation of the personal training process enables simple orientation.
- Perfect individual care of your trainees through VITALITY CARE.
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